



## UPDATE ON SCACL'S INDEPENDENT LIVING PROGRAM

SCACL's Independent Living staff and stakeholders have been doing an in depth analysis of the Independent Living Program. The examination began as a result of CLBC's changing mandates and SCACL wanting to better serve current participants and non-participants.

We wanted to keep everyone up-to-date as changes occur. The desire is for the program to be more outcomes based, more geared towards individuals acquiring skills and prioritizing service to those most in need.

Independent Living staff will be meeting with all current participants and those desiring to participate in the program in the new year.

If you have any questions please do not hesitate to contact Christie, Ann or Judy.

## SCACL'S FAMILY CHRISTMAS PARTY

SCACL is hosting its annual (too many to count) Family Christmas Dinner. The dinner will be held at Rosecliffe on Thursday, December 9<sup>th</sup> at 5:30.

The event is potluck. Please let Laurie at (604) 885-7455 know if you plan to attend. All SCACL participants and their families are welcome.



## FANCY CHRISTMAS LUNCHEON

SCACL's Day Services will be hosting its 8<sup>th</sup> Annual Fancy Christmas Luncheon. This year's event will be on Tuesday, December 14<sup>th</sup> at noon at the Sechelt Seaside Centre. The event will be a catered buffet lunch (no preordering required). The cost is \$15. Please let Christie know by Friday, December 10<sup>th</sup> if you plan to attend. If you normally work at this time please talk to Supported Work staff to discuss your options.



## POINSETTIA REMIDER



Just a reminder to pick-up your poinsettia order on

Friday, December 3<sup>rd</sup> at the Mermaid Office. If you did not purchase a plant and would like to do so please contact Day Program staff as extra plants were ordered.

## CHRISTMAS SCHEDULE



SCACL's Day Services – Independent Living, Supported Work, and Day Programs will be closed Friday, December 24<sup>th</sup> and Monday, December 27<sup>th</sup>. We will reopen on Tuesday, December 28<sup>th</sup>. We will be closed again on Monday, January 3<sup>rd</sup>.

## VIDEO NIGHT



Video Night will be held Friday, December 17<sup>th</sup> at the Mermaid Office. Attendance is open to everyone.



## JOB CLUB

SCACL is excited to announce that a second Job Club is being offered to participants who are unable to attend the Thursday morning Job Club. This Job Club will begin on Monday, December 6<sup>th</sup> at 1:00. It will be held every second Monday afternoon (next one to be December 20<sup>th</sup>). If you are interested in attending and have not already talked to Supported Work staff please contact them to discuss your attendance.

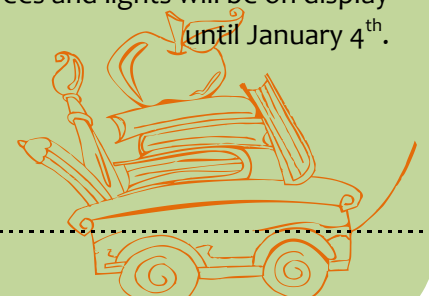
The schedule for the Thursday afternoon Job Club is:

Thursday, December 9<sup>th</sup>  
Thursday, December 23<sup>rd</sup>

## CHRISTMAS DISPLAYS



SCACL's Day Program will be helping to Light Up Sechelt at Christmas. You will find our decorated tree at the Cenotaph (immediately across from the Bank of Montreal). The trees are part of Sechelt's bigger Light the Lights at Rockwood on December 5<sup>th</sup> at 4:45 followed by the Parade of Lights on Cowrie Street at 5:35. The trees and lights will be on display until January 4<sup>th</sup>.



## SHOP AT BOTTLE ME AND WIN

Bottle Me will be participating in the Sechelt Downtown Business Association's - "Shop Sechelt and Everyone Wins" contest. Shoppers who purchase bottles at Bottle Me over the Christmas holidays will receive an entry form to deposit in the entry box.

Draws for twenty - \$50 gift certificates redeemable at any SDBA merchant will be made in January from all of the entries at downtown businesses.



**SHOP SECHELT & EVERYONE WINS!**

This Christmas, shop Downtown Sechelt and you could win a \$50.00 Gift Certificate!



**HOW IT WORKS:**

- Shop at participating stores in Downtown Sechelt this Christmas
- Ask for an entry form from store staff, complete, and deposit in the entry box provided
- Draws for \$50 Gift Certificates redeemable at any SDBA merchant will be made in early January
- Twenty Gift Certificates will be won!

**SUPPORT LOCAL BUSINESSES!**

[www.secheltowntown.com](http://www.secheltowntown.com)

## PARKS & REC

Just a reminder that Leisure Access Scholarship Applications can be dropped off at SCACL Attn: Christie. The Parks & Rec Guide will be out on Monday, Dec 3<sup>rd</sup>. The LAS can be used to cover the cost of these programs.

## HANDY-DART SERVICE

The SCR D is offering HandyDart service on Saturdays. This is a pilot project running until March 2011. If you would like to book a trip or for more information please contact HandyDart at (604) 885-6899.



## YOGA FOR CAREGIVERS, FAMILY MEMBER & STAFF

Just a reminder that SCACL continues to host a Yoga class for caregivers, family members and SCACL staff. The class is on Monday nights at 6:30 at SCACL's Mermaid Office. The cost is a good value at only \$5.





## **Special Olympics**

### **SPECIAL OLYMPICS BANQUET**



The Special Olympics Christmas Banquet will be Friday, December 17<sup>th</sup> 6:00-9:30 at the Gibsons Legion. Turkey, ham and the fixings will be served. Athletes will receive a gift. Tickets are \$20 and available from SCACL's Mermaid Office and from the Sunshine Shack. Purchase your ticket by Friday, December 10<sup>th</sup>. For more information contact Pat Stuart.

### **PRESENTATION TO COUNCIL**



Special Olympics' delegates will be making a presentation to the Sechelt Council on Wednesday, December 8<sup>th</sup> at 1:00 (don't be late the presentation is only 10 minutes). If you are able to attend and would like to show your support athletes are encouraged to attend wearing their Special Olympics jackets.

### **SPORTING SCHEDULE**

The final floor hockey is Tuesday, December 6<sup>th</sup>.

The other sports will stop on the following dates for the Christmas breaks:

Swimming: Last date December 18<sup>th</sup>  
Restarts January 5<sup>th</sup>

Curling: Last date December 11<sup>th</sup>  
Restarts January 8<sup>th</sup>

Basketball: Last date December 9<sup>th</sup>  
Restarts January 6<sup>th</sup>

Rhythmic gymnastics begins Monday, December 10<sup>th</sup>. For more information contact Margaret Casey at (604) 885-4061

### **AUTHOR – MIKE OSWALD**



Sunshine Coast Special Olympian and SCACL participant Mike Oswald had an article he wrote published in the Minor Hockey News. This publication is distributed in recreation facilities in southern BC. His article is an update on the Fall and Winter activities of the Sunshine Coast Special Olympians.

**CONGRATULATIONS!**