

THURSDAY MUSIC

There have been changes to the music program offered on Thursday mornings. The music program is now being facilitated by Steve Wright. In addition to being a SCACL staff member he is a local musician, songwriter, and DJ. He brings years of experience of facilitating music workshops for diverse groups. Ken McBride is still facilitating the Music Explorations Group at the Gibsons Community Centre on Wednesday mornings.



CIRCUIT TRAINING

Reminder to those who do Circuit Training on Mondays and Fridays – bring clean shoes and wear comfortable clothing for working out – participants get sweaty.



LEISURE ACCESS SCHOLARSHIP

Just a reminder to apply for your 2011 SCRD Leisure Access Scholarship. This scholarship can be used towards registering for SCRD Programs or to access the pools and/or arenas.

If you did apply for the LAS and have not heard from the SCRD please contact Christie so she can follow-up with the SCRD.



Examples of ways to use your \$200 LAS:

- Purchase a 10-pass for swimming at the Sechelt Pool: \$42.75 (Same pass can be used for working out in the gym at the pool and arena)
- Register for a class that is listed in the SCRD Parks & Recreation Guide. Some examples include: Adult Swimming Stroke Improvement Sunday mornings at the Gibsons Pool; Intro to Hip Hop Friday nights at the Sechelt Pool.

If you have questions about using your LAS talk to any SCRD front desk staff.

