



Happy New Year

Welcome to 2010! The year ended with a rare blue moon on new year's eve. 2010 will bring in the Olympics and Para-Olympics to Vancouver and ushers in the year of the Tiger. Best wishes to all persons served, our staff and families for a peaceful and happy 2010. A reminder that we are closed New Years Day.

January 2010 Program Schedules

Please visit www.scacl.ca to view our online activity schedules for the Supported Employment Program and Day Program.

- **Supper Club** will be held on Jan 14th and 28th 3:00pm - 5:00pm \$5.00 fee
- **Job Club** will be held on Jan 7th and 21st 10:30am
- **Video Night** will be held on Jan. the 8th and 22nd \$4.00 fee
- **The next session of NIA begins Jan 6th.** The registration cost is \$63. Please register at any SCRD recreation facility or bring a cheque payable to the SCRD to Day Program and staff will help you register.



Get Your 2010 Leisure Access Scholarship

Self Advocates can now apply for their 2010 SCRD Leisure Access Scholarship. The application form can be found online, at any SCRD facility, and Day Program has sent home copies of the application forms. Please note it can take a few weeks for the application to be processed. If you need assistance completing the form please speak to any Day Program staff member. The Leisure Access Scholarship cannot be used to pay for drop-in but can be used to purchase a 10 pass.



Poinsettia Sale a Huge Success

Many thanks to all of those who supported the Day Program poinsettia fundraiser in November/December. Over 500 plants were sold and proceeds will go towards SCACL recreational programming. Look for our second annual Spring Flower Sale in May!

Upcoming Staff Training Opportunities



Person Centered Thinking January 14th and 15th

A two day training (9:00am – 3:30pm) facilitated by Paul Wheeler, Lynne Ford and Nolda Ware of Semiahmoo House Society.

The training will consist of exercises where the participants acquire basic person centered thinking skills such as:

The importance of being listened to and the effects of having no positive control

The role of daily rituals and routines

How to discover what is important to people

How to sort what is important for people from what is important to them

How to respectfully address significant issues of health or safety while supporting choice

How to develop goals that help people get more of what is important to them while addressing issues of health and safety

All staff / board members who did not attend in the fall are invited to this training.

Non Violent Crisis Intervention

Jan 27th 28th (Full day)

Allen Richardson. SCACL is pleased to partner with PRACL to offer this training.

The *Nonviolent Crisis Intervention*[®] training program is a holistic behavior management system based on the philosophy of providing the best *Care, Welfare, Safety, and Security*SM for staff and those in their care, even during the most violent moments. The program focuses on preventing disruptive behavior by communicating with individuals respectfully and with concern for their well-being. The program teaches physical interventions only as a last resort—when an individual presents an imminent danger to self or others—and all physical interventions taught are designed to be non harmful, non invasive, and to maintain the individual's dignity. Follow-up debriefing strategies are also key components of the training program.

**SCACL would like to give thanks to all of our donors in 2009.
Your support is highly appreciated and invaluable.**

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