

# SCACL NEWSLETTER

June 2011



## FAREWELL, BUT NOT GOODBYE

Gus Vaughn is moving to Horsefly within the next week. His family is moving and he will be joining them in Horsefly. He has extended family in Horsefly.

Horsefly is situated in the foothills of the Cariboo Mountains, approx 50 km (paved) from 150 Mile House on Highway 97.

Gus has been a long time resident of the Sunshine Coast having graduated from Chatalech Secondary. He is an employee of the Sunshine Shack at the Gibsons Community Centre and at SCACL's Bottle Me. Gus has also worked for the District of Sechelt picking litter.

Gus is a talented athlete - competing in several Special Olympics Sports. He was able to showcase his golf talent last year in a tournament where he golfed with the BC Premier, Gordon Campbell. He also has participated in track and field, softball, bowling, and basketball. He has competed at the provincial level in several sports.

Gus' is well loved on the Sunshine Coast. He will be missed by the entire community but especially his friends at SCACL.

Farewell to Gus, Dave and Liz. All the best to you as you settle in Horsefly.



## BIKE TO WORK WEEK

SCACL staff and participants have traded in their car keys, bus passes, and walking shoes for their bikes. So far 7 people have peddled in to work. The first day it was raining in the morning but it did not dampen spirits. Even a flat tire did not stop one of our staff members from biking in to work.

Our team "Up the Creek Without a Pedal" is enthusiastic and momentum is growing. Look for pictures on the Sunshine Coast - Bike to Work Facebook page.

## SCACL'S AGM

SCACL's AGM is planned for Thursday, June 16<sup>th</sup> at the Seaside Building.

BBQ starting at 5pm.

SCACL's Supper Club will be doing the prep for the BBQ from 3 to 5. Supper Club will end at its usual time.

The meeting proper will be called to order at 7pm.

Entertainment will be a music performance by Day Program participants. SCACL Day Program participants who attend music on Thursdays will be performing.

RSVPs are appreciated.

## SCACL'S GARDENS

Last year was the first year that SCACL's residences planted vegetable gardens. Inspired by, Catherine Abbott, SCACL Board Member and owner of Your Choice Organics, we have expanded the vegetable gardens.

Medusa is doubling the size of their vegetable gardens and adding a greenhouse. Our venture in to vermiculture (composting with worms) continue to progress as our worms have survived the winter. Turnstone also has vegetable gardens.

A large majority of the vegetables are plated from seed by the Day Program participants.

And other ventures for a greener SCACL are also being examined.

Everyone is looking forward to eating the fresh vegetables this coming summer.

## WELCOME BACK XEREZ

Xerez will be arriving back in Canada midJune. Xerez is returning from a 10 month sabbatical working for the international relief agency CUSO-VSO. She has completed her position in Georgetown, Guyana. She was assisting the Guyana government to establish policies for people with disabilities living in Guyana.

Xerez will surely enjoy telling stories about her adventures in Guyana. You are encouraged to ask her about her travels and experiences.

Next issue will feature the return of  
Introducing... and Caring for the Caregiver

## ACCESSIBILITY

The SCRD's Accessibility Advisory Committee is inviting the public to participate in an Access Awareness Forum. The event is combined with the CCBA Home Show and takes place at the Gibsons Area Community Centre on Saturday, June 4<sup>th</sup> at 10:30 in Room 219.

The forum is organized to celebrate Access Awareness Day and to share ideas on how to make our society more accessible.

## RETIREMENT

Debbie Amoral, who has worked for the SD46 School District for many years is retiring from her position as Principal for Student Services. In this role she worked with many of the individuals whom SCACL supports. Her retirement party is planned for Saturday, June 25<sup>th</sup>. SCACL is catering the event - any past students or family members who are interested in attending the event should speak to Glen.

## SPECIAL O BBQ

The end of the year Special Olympics BBQ is scheduled for Saturday, June 25<sup>th</sup>. Mark it on your calendar. Tickets will be available through the usual people and locations.

Breaking News: The Sunshine Coast Special Olympics team placed 1<sup>st</sup> at their tournament in PoCo.



Congratulations!!!!

