



[Photo Caption]

### SPRING FLOWER SALE

SCACL's Supported Work Program facilitated a very successful plant sale. Thanks to everyone who helped sell and/or purchased hanging baskets, planters, and geraniums. Day Program & Supported Work participants will be busy with deliveries and pick-ups on Friday, April 29<sup>th</sup>.

A special mention to Kara Toews who sold more plants than anyone else. Way to go Kara!! Kara received a gift certificate to Subway to reward her efforts.

And special thanks to Lorna and Patty who co-ordinated the sale.

### SCACL HOCKEY POOL WINNERS

Well, the regular season has come to an end, and with that the final standings in the 3rd annual SCACL Hockey Pool have been determined...

Again, with a strong effort and finish after playing possum for a good chunk of the season, Christie and her "Bobble Heads III" have pulled off the victory. This is proving to be quite the tiresome habit- we may have to look at banning her... just like casinos do to those folks that are suspiciously victorious!! (lol)

In 2nd place is the Creek Crashers (Anne Herbert). Not quite sure how that happened! (???)

And sneaking into 3rd place was the "Mermaid Millionaires" (Bruce R. and Judy M.). Though Bruce insists that he would have been in 1st all year if goalies were eliminated, it was a surprise to most that the Millionaires were able to push the Black Beards (Ernie & Sherrie) out of the money on the last week of the year. A tough loss for the Beards who battled for 1st for 7 months.

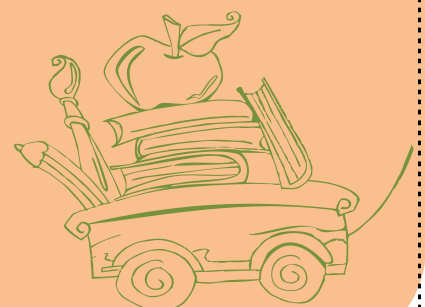
"The Challenged" (Tracy Brown) in 9th and "Twilight New Moon" (Kev & Darlene) in 18th win their \$10 back for finishing in the middle and in the basement.

Thanks to all that contributed to the winnings for these folks- good luck next year!

Randy  
Younghusband

### MAY LONG WEEKEND

Day Program, Supported Work, and Independent Living will not be operating on Monday, May 23<sup>rd</sup>.



## INCOME TAX REMINDER

The deadline for filing your 2010 Income Tax Return was April 30<sup>th</sup>. If you have not already done so you should file your income tax return. Even if you expect not to receive a return you should file as filing your income tax return is the only way to qualify for the HST (GST) returns. Doug Baird is still available to do SCACL participant's income tax returns. Drop off applicable documents at the office asap. I would also like to thank Doug Baird who completed approximately 30 returns at no charge for SCACL participants. This service is greatly appreciated by SCACL participants, their families, and their caregivers.

## SPECIAL OLYMPICS UPDATE

The spring sports are fully underway. Soccer teams are practicing Monday nights in Sechelt and Gibsons. The softball team practices Tuesday night at Hackett Park. Sechelt Golf and Country Club hosts the golf team on Wednesday nights. Track and Field athletes are training Wednesday nights at Elphinstone. The new sport of Boccee has proven to be popular with the athletes.

The Sunshine Coast Gala of Stars – a fundraiser event for the Sunshine Coast Special Olympics will be held on Saturday, May 28<sup>th</sup>. This formal affair will feature dinner, entertainment, live & silent auctions, and live music. For tickets, donations, and sponsorship contact Paul Lith, event chair, at (604) 885-7307.

Stephanie Rogers continues to prepare for the World Games next July in Athens, Greece. Stephanie will join 108 athletes and 42 coaches and mission staff who will proudly walk into Athens' Kallimarmaro Panathinaikon Stadium to represent Canada at this world event, set for June 25 to July 4, 2011. Stephanie is one of two B.C. swimmers selected by Special Olympics Canada to be on the Team Canada roster.



Stephanie training at Gibsons Pool

## DON'T FORGET TO VOTE

A reminder to vote in the federal election on Monday, May 2<sup>nd</sup>. You should have received a voter registration card in the mail. If not, don't worry, you can still vote. Remember to bring identification so you can vote. You must bring identification even if you have a voting card. A drivers license or B.C. ID Card are both acceptable. If you don't have a drivers license or B.C. ID you can bring two pieces of identification with your name on them – one of them needs to have your address (for example, care card and phone bill). If you have no identification someone who is eligible to vote can vouch for you.

So get out and vote!



## Family and Community Emergency Preparedness

With the recent earthquake and tsunami in Japan emergency preparedness has been on everyone's mind. People with disabilities will have unique and increased support needs during an emergency. These needs should be taken in to consideration during emergency planning. I have included resources that are available for emergency preparedness specific to individuals with a variety of special needs.

### Personal Preparedness

72 hours--is your family prepared? During an emergency, you and your family could be on your own for an extended period of time. Emergency services may not be readily available, as increasing demands are placed on responders. It may take emergency workers some time to get to you as they help those in most critical need.

[http://www.london.ca/Emergency\\_Management/PDFs/specialneeds.pdf](http://www.london.ca/Emergency_Management/PDFs/specialneeds.pdf)

[http://www.pep.bc.ca/hazard\\_preparedness/Personal\\_Prep\\_Tips\\_for\\_People\\_With\\_Disabilities.pdf](http://www.pep.bc.ca/hazard_preparedness/Personal_Prep_Tips_for_People_With_Disabilities.pdf)



facebook

Did you know there is a SCACL facebook page? It is a great place to reconnect with past and present SCACL staff and participants. Check it out to see some faces from the past.

## INTRODUCING.....



### JULIET PETERSOHN

Juliet has worked at SCACL since 2005. She currently works full-time at Medusa. But this is not her only job she also works overnights at Shorncliffe and is the owner of Upper Crust Gourmet Market in Halfmoon Bay.

Juliet's husband, Frank, passed away suddenly and unexpectedly 18 months ago. Her son, Karl, is 16 years old – a grade 11 student at Chatalech he is working towards get his driver's license.

Juliet has an extensive and diverse employment history. While in The Philippines she graduated with a Bachelor of Science in Agricultural Education. She taught at the highschool and university levels. When she first moved to Canada in 1982 she worked as domestic help. She then entered the hotel industry working as a room attendant before being promoted to floor supervisor at a 5 Diamond Hotel. Juliet also worked at Woodbay Seafood where she worked her way up from an entry position to nighttime supervisor. This gave her an opportunity to travel to Norway to train Norwegian employees.

(continued...)

Juliet was born and raised in The Philippines - she was raised by a foster family. She continues to express gratitude to her foster family for the opportunities given to her by her foster family. Juliet's younger sister, Genevie, is also a SCACL employee. When Juliet moved to Canada her original plan was to stay for one year. However, she did not return to The Philippines for 25 years upon the death of her foster mother.

In her spare time (I wonder how she has any spare time) Juliet enjoys gardening, cooking and singing.

If you see Juliet take the time to say hi.

## BIKE TO WORK

SCACL will be participating in the Bike to Work Challenge the week of May 30<sup>th</sup> to June 5<sup>th</sup>. All staff and participants are encouraged to ride their bikes. If you are planning to bike please let Christie or Sherrie know so we can keep track of participation levels. In addition, we can keep you up to date on prizes and food available to participants. Check out [www.biketowork.ca](http://www.biketowork.ca) for more details.