



## Remembrance Day Closure November 11<sup>th</sup> 2009

Due to the Remembrance Day statutory holiday the Mermaid office and programs will all be closed on Wednesday November 11<sup>th</sup> 2009. Lest We Forget

## November 2009 Program Schedules

Please visit [www.scacl.ca](http://www.scacl.ca) to view our online activity schedules for the Supported Employment Program and Day Program.

- **Supper Club** will be held on Nov. 5<sup>th</sup> and 19<sup>th</sup> 3:00pm - 5:00pm \$5.00 fee
- **Job Club** will be held on Nov 12 and 26<sup>th</sup> 10:30am
- **Video Night** will be held Nov 27<sup>th</sup> 4:00pm \$4.00 fee

## H1N1 Vaccinations

H1N1 vaccine has arrived on the Coast and the following clinics are the ones scheduled that will allow Health Care Workers to get vaccinated. Staff should discuss with their health care professional if they should get vaccinated or not.

Tuesday Nov. 3<sup>rd</sup> - 12 - 3pm Pender Harbour Health Centre

Wednesday Nov. 4 - 9am - 4pm Sechelt Indian Band

Thursday November 5 9am - 4pm Sechelt Indian Band

Friday November 6 10 - 3pm Gibsons Legion

After Nov 9<sup>th</sup> further dates will be announced



## MSIP Nov 4<sup>th</sup>

### Muscleletal Skeletal Injury Prevention with Richard Eton

9:30 - 11:30am Nov. 4<sup>th</sup> Mermaid Centre

All Staff who did not take the Sept 21<sup>st</sup> training are due to take this training on Nov. 4<sup>th</sup>.

Please contact Xerez for more information and to RSVP



## Poinsettia Sale

Day Program's fabulous poinsettia sale is back and better than ever! Order you Christmas poinsettias by Fri., Nov 27<sup>th</sup>. Orders can be placed with any Day Program participant, at the Mermaid Office, or online at [www.scacl.plants4nonprofit.com](http://www.scacl.plants4nonprofit.com)

These plants are great value and are still only \$10.



### **Thank You Luncheon for Sam and Godwin Nov. 10th**

We would like to both thank and celebrate the contribution of Canada World Youth members Sam and Godwin. In their short time here they have melded beautifully into our services with their kind and positive outlooks and attitudes. They have also completed the required volunteer projects exceedingly well and have offered great interactions with our self advocates. We will have a good bye luncheon for them at noon on Nov 10<sup>th</sup> to celebrate their time with us before they head off to South Africa.

### **Upcoming BCACL Events**

#### **From Relief Measures to Reduction Strategies - *poverty and people with intellectual disabilities***

Join BCACL and CACL for two days of exploration as we form collaborative strategies that address the profound poverty faced by people with intellectual disabilities.

**When:** November 16-17, 2009, 8:30am - 5:00pm.

**Where:** Vancouver Public Library, Alice MacKay Room; 350 West Georgia Street, Vancouver, B.C.

**Aging in Place - An informational seminar for community living services providers and others caring for the aging or aged.** This seminar will examine and discuss the normal ageing process, intellectual disability and ageing, the differences between dementia and alzheimer's, interventions and strategies for supporting persons in the home, risk and assessment planning, palliative care, end of life and how we can support ageing in place. With opportunities for Q&A.

**When:** Thursday, November 19, 2009; Registration begins at 8:30a.m. Session begins at 9:00a.m.

**Where:** Ramada Inn, Pitt Meadows - 19267 LOUGHEED HWY

For more information call (604) 460-9859

Cost: \$95.00 PLUS GST

Please visit [www.bcbacl.org](http://www.bcbacl.org) for more information.