



Thanksgiving Closure Oct 12th 2009

Due to the Thanksgiving statutory holiday the Mermaid office and programs will all be closed on Monday October 12th 2009.

October 2009 Program Schedules

Please visit www.scacl.ca to view our online activity schedules for the Supported Employment Program and Day Program.

- **Supper Club** will be held on Oct 8th and 22nd 3:00pm - 5:00pm \$5.00 fee
- **Job Club** will be held on Oct 8th and 22nd 10:30am
- **Video Night** will be held October 2nd, 16th and 30th 4:00pm \$4.00 fee
- **Day Program will host a Costume Party on Friday Oct 30th**



Non Smoking Facilities effective October 1st

In order to be compliant with new licensing and health regulations effective October 1st all SCACL facilities (this includes all grounds) become non smoking premises. This will apply to all staff and visitors.

Community Living Month – October 2009

October is Community Living Month provincially. To celebrate SCACL will be hosting a information board in the library to help create awareness, information session in the mall and a community potluck lunch on October 20th.

Everyone is invited to the lunch – Mermaid Centre 12 noon Oct. 20th



Day Program Halloween Costume Party

On Friday October 30th Day Program will host a spooky fun filled costume party. Everyone is encouraged to dress up and join in the fun. Please contact Day Program staff for more information



2nd Annual SCACL Hockey Pool

There is still time to get in your choices for the 2nd annual SCACL hockey pool. Fee is \$10 with a chance to win big! Contact Randy for more information and entry forms.

Upcoming Staff Training



MSIP Nov 4th

Muscle/Skeletal Injury Prevention with Richard Eton

9:30 – 11:30am Nov. 4th Mermaid Centre

All Staff who did not take the Sept 21st training are due to take this training on Nov. 4th. Please contact Xerez for more information and to RSVP

FASD Oct 13th

Understanding Fetal Alcohol Spectrum Disorders

9:30 am – 12 Noon at Mermaid Centre

FASDs are the leading cause of developmental disability and are the most common disability in the world. FASDs are prevalent in all cultures, classes and races. Most of us will encounter someone living with FASD and never know it. FASDs are brain based invisible physical disabilities. This training provided by Karen Foley and Jen Davies will provide you with an understanding of the physical and behavioural aspects of FASDs. We will explore the link between brain differences and behaviour, while providing hands on strategies to issues that arise at your workplace.

Please RSVP if you are interested in this training

First Aid – Sept 24th

Mandatory First Aid Training with BC First Aid

3 year certification

8:30am – 4:30 pm at Mermaid Centre (There will be an exam!)

Staff will receive an email if they are due for this training – any other staff interested in attending who are near their First Aid expiry date can contact Xerez as we have room in this course.



Person Centered Thinking - will return in January 2010!

The fabulous two day training that was held Sept 30th and October 1st and attended by 25 staff, management and board members was so good we are going to offer it again in January 2010 in the hopes that all staff will get an opportunity to participate. There will also be an advanced training for staff to acquire “coaching” skills in some of the techniques learned at the training. Further details to be announced in the Dec. newsletter.



Communicable Disease Prevention

The cold and flu season is approaching. Please assist us to prevent communicable diseases and stay home if you feel unwell and wash your hands frequently. Arrangements will be made for individuals who are displaying symptoms of being ill to go home. Any staff or resident with flu symptoms will need to be tested for the H1N1 virus.

