



SEPTEMBER IS HERE:

It seems as though summer has only begun and it is already September. Let's hope for some good weather in September to make-up for the poor weather in June and July.

Dates to Remember:

Labour Day: Monday, September 5th the SCACL Office: Day Program, Supported Employment and Independent Living Programs will be closed.

Supper Club: Thursdays September 8th and 22nd

Job Club: Thursdays September 8th and 22nd

JET: Mondays September 5th and 19th

Accreditation: Monday, September 19th and Tuesday September 20th

ACCREDITATION

SCACL is an accredited agency. We are accredited by CARF. CARF is an "independent, nonprofit accreditor of health and human services. CARF accreditation focuses on quality, results." Organizations funded by Community Living British Columbia need to be accredited to ensure organizations are meeting standards.

CARF accreditors will be visiting SCACL on Monday, September 19th and Tuesday, September 20th. Site surveyors will be from Washington, California and BC. This is our third accreditation and it occurs every three years.

CANADA WORLD YOUTH

SCACL will again be hosting 2 Canada World Youth volunteers. For the third year in a row the international students are from South Africa. "A non-profit organisation, CWY is dedicated to enriching the lives of young people that have a desire to become informed and active global citizens. CWY programs are designed to help youth experience the world for themselves, learn about other cultures and diverse Canadian communities while developing leadership and communication skills."

For the first time since SCACL has hosted CWY volunteers (5+ years) they will have done their international volunteer work experiences prior to their Canadian volunteer work experiences.

The CWY begin their work experiences at SCACL on October 3rd.



ON THE MOVE

Kareena Philips is joining Day Services. She will be primarily working in the Life Skills Program with a young man whom recently moved to the Sunshine Coast. However, she will also be working within the Day Program.

Anne Herbert will be replacing Kareena at Turnstone.

Judy Kemp has accepted a position at Medusa.

Isabel McPherson has taken a temporary position at Turnstone. Dominique Menzie will be replacing Isabel while she is at Medusa.

YOGA

Yoga resumes on Monday, September 12th. SCACL staff member, Alia, who is a professional yoga instructor leads the group. Alia is able to provide a class suitable to students of all levels.

All staff, caregivers, and family members are encouraged to participate.

The class is on Mondays 5:30 to 6:30 at the SCACL Mermaid Office. The cost is only \$5.

If you have any questions contact Laurie at the SCACL office @ (604) 885-7455.



Helps with stress



**Living with a Mental Illness:
A Community Approach Conference**

Conference speakers include
medical experts, service
representatives, family members
and people with mental illness

Also featuring the play:
Funny, You Don't Look Crazy by Victoria Maxwell

What: Living with a Mental Illness:
A Community Approach Conference
When: Sat. Sept. 17, 9 a.m. to 4:30 p.m.
Where: Chateleux High School Theatre
Cost: By donation

Please call to pre-register 604.885.7781 or
email livingwithmentalillness@gmail.com

Event Hosted by:
SC-BC Schizophrenia Society
Arrowhead Centre Society
Sunshine Coast Community Service Society

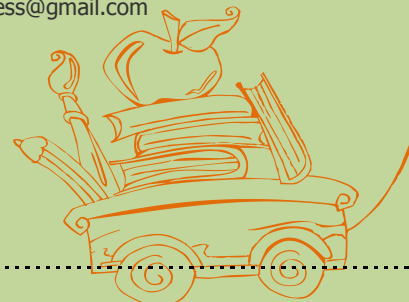
Made possible by a grant from Sunshine Coast Community Foundation

LIVING WITH MENTAL ILLNESS

The Sunshine Coast branch of the BC Schizophrenia Society in partnership with Arrowhead Centre Society and Sunshine Coast Community Services Society are hosting the one-day conference "Living with a Mental Illness: A Community Approach."

Panel discussions will touch on medical information, stigma and community resources. Victoria Maxwell will perform her critically acclaimed one woman show "Funny, You Don't Look Crazy."

More information is available on Facebook (BC Schizophrenia Society Sunshine Coast Branch) or e-mail: livingwithmentalillness@gmail.com



TENTATIVE DEAL REACHED

SCACL's CUPE employees reached a tentative collective agreement at the end of August. This came after months of negotiation after the previous collective agreement expired in April 2010.

Community Social Service Workers (represented by several different unions) across the province will vote to ratify the agreement by the end of September.

SCRD PROGRAMMING:

Circuit Training: Circuit Training continues at the Gibsons and Area Community Centre on Monday and Friday mornings at 10:00. This program continues to be free of charge in thanks to ICAN, Vancouver Coastal Health and Special Olympics. New participants should contact HSCL Nurse, Brenda Wilkes.

NIA: NIA continues at the Gibsons and Area Community Centre on Wednesdays at 1:00. Pre-registration is required. There is a fee for this program. However, costs are kept to a minimum because of a partnership between SCRD and SCACL.

Music Explorations: Music continues on Wednesdays at 10:30. This program is free to participants (thanks to a partnership between SCRD and SCACL and does not require preregistration)



GIBSONS & PENDER POOL REOPENS

After the summer pool closures the Pender Harbour and Gibsons Pools have reopened. So if you swim on Tuesdays at Pender, Wednesdays at Pender Harbour and/or Fridays at Gibsons with the Day Program please remember to pack your swimming stuff.

And reminder if you swim on Wednesdays or Fridays please bring a lunch that does not require to go in the microwave. And please bring all required utensils.



SPECIAL OLYMPICS REGISTRATION

This fall Special Olympics will be offering: basketball, floor hockey, swimming, and curling. Rhythmic gymnastics will be offered after Christmas.

If you are interested in registering contact Allyson Pearson at (604) 885-7732.